



# TRAINING SUMMARY

**RSMac Consulting Inc.**  
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<u>COURSE NAME</u>	ERGONOMICS	<u>LENGTH</u>	30-40 mins		
<u>COST</u>	\$29.99	<u>LANGUAGE</u>	English/French	<u>VOICEOVER</u>	Yes

## DESCRIPTION

Ergonomics is an applied science concerned with designing and arranging things people use so that the people and things interact most efficiently. Ergonomics focuses on how work affects workers, and attempts to prevent hazards, (three main risks – force, repetition, duration in awkward postures). In this module you will learn about the history of ergonomics, the scope of ergonomics, goals and objectives, legislation, the many different sciences behind ergonomics, injuries, and controlling the hazard.

## LEARNED TOPICS/OBJECTIVES

Upon successful completion of the program, you will be knowledgeable and/or demonstrate proficiency in understanding:

- Definitions
- History and Scope of Ergonomics
- Goals and Objectives
- Legislation
- Sciences behind Ergonomics
- Ergonomics Hazards
- Injuries
- Controlling the Hazard

## ASSESSMENT

Testing conducted throughout this course is designed to reinforce the information presented. A mark of 80% must be achieved in order to receive a certificate of completion. Participants are able to repeat the course if the pass mark is not achieved. Upon successful completion of this online course, a certificate of completions will be available for download and printing

*Discounted pricing starts at 3 or more courses. Pricing available for individuals or companies. Contact RSMac Consulting Inc's Learning Centre team directly at [training@rsmac.ca](mailto:training@rsmac.ca) for a quote on volume discounts and discuss our Learning Management System for companies.*