

TRAINING SUMMARY

<u>COURSE NAME</u>	FIRST AID & CPR TRAINING – Emergency Level
<u>LENGTH</u>	2 day (in-class) 1 day (on-line blended)
<u>COST</u>	\$165.00 for in-class Contact us for blended rate & availability.

We offer two types of First Aid courses depending on the size of the workplace and upon your requirements; Emergency First Aid & CPR/AED and Standard First Aid & CPR/AED. Your company will learn practical skills taught by a range of experienced professionals with medical or emergency response backgrounds. Our in-depth courses, which are WCB, WSIB and federally compliant, exceed the industry standards.

Please note that we are have recently been approved by the WSIB to offer a blended First Aid/CPR courses with half the course being offered on-line at your own pace. Contact RSMac Consulting's Learning Centre for more information on our on-line delivery method: training@rsmac.ca

DESCRIPTION OF STANDARD LEVEL FIRST AID & CPR/AED TRAINING

FA2FR

This comprehensive two-day course designed for larger workplaces, offers first aid and cardiopulmonary resuscitation (CPR) skills for those who need training due to work requirements or who want more knowledge to respond to emergencies at home. Our course meets legislation requirements for provincial/territorial worker safety and insurance boards and includes the latest first aid and CPR guidelines. We exceed our competitors' standards by including injury prevention content, CPR for all ages and AED training. The successful completion of this course will give the participant certification in Standard First Aid & CPR/AED for a 3 year period. One recertification training session (1 day) may be conducted after taking a full Standard First Aid & CPR/AED training course.

LEARNED TOPICS/OBJECTIVES

- The Red Cross
- Preparing to respond
- The EMS system
- Check, Call, Care
- Airway emergencies
- Breathing and circulation emergencies
- First aid for respiratory and cardiac arrest
- Wound care
- Head, neck and spine injuries
- Bone, muscle and joint injuries
- Sudden Medical Emergencies
- Environmental illnesses
- Poisons
- Includes any other content required by specific legislation.

Discounted pricing starts at 3 or more courses. Pricing available for individuals or companies. Contact RSMac Consulting Inc's Learning Centre team directly at training@rsmac.ca for a quote on volume discounts and discuss our Learning Management System for companies.